



MOUNT ST. JOSEPH
UNIVERSITY®

STUDENT LIFE

AT THE MOUNT

WHAT IS STUDENT LIFE?

Student Life is the part of the university that focuses on making campus life a positive and enriching experience for students. This team organizes and manages activities, programs, and services that help students grow, succeed in their studies, and feel supported. They create opportunities for students to get involved in their communities, and build personal strengths while ensuring their experience aligns with the university's mission & goals. These efforts aim to help students thrive both inside and outside the classroom.

STRATEGIES FOR GETTING INVOLVED

- Contact the Office of Student Engagement and Leadership
- Check postings through flyers, email, Mount Roar!, and Campus Activities Weekly
- Go to the Campus Activities Fair
- Join/Start a student organization
- Attend on-campus events/athletics games
- Contact student organization leaders
- Mount ROAR is the Mount's student engagement platform where you can easily get involved with any organization on campus.



Download the
Mount ROAR
app from the
App Store or
Google Play!

BENEFITS OF GETTING INVOLVED

National data has proven that involved students have higher rates of graduation and success during their time in college/university (National Survey on Student Engagement).

- Build your resume
- Use skills you learned in class
- Make new friends/networking
- Become a leader
- Build school spirit
- Help in building community
- Free food and prizes



Scan here
for more info
about student
organizations!



CAMPUS TRADITIONS

The Mount is a campus built on traditions. New students meet their new friends and build community through a variety of programs and opportunities that happen every year. Returning students look forward to these events to stay connected. MSJ traditions help students build campus pride that will extend beyond their time on campus.

MSJ traditions include:

- Bingo
- Delhi Christmas Parade
- Exam Jam
- Fall Fest
- Family Weekend
- Group Fitness Classes
- Homecoming Pep Rally
- Homecoming Tailgate
- MLK Jr. "I Have A Dream" Week
- National Coming Out Day
- Karaoke
- National First Generation Student Day
- Off-campus trips
- Open Mic Night
- Orientation and Welcome Week
- The Pinnacle Events
- SpringFest
- Spring Formal
- Student Life Awards
- Trivia
- Welcome Back Party

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EVENTS IN MOUNT ROAR
2023





STUDENT ORGANIZATIONS

- Black Student Union
- Bible Study
- Campus Activities Board
- Criminology Club
- Commuter Council
- Dateline
- Delta Tau Delta Fraternity
- Exercise is Medicine on Campus (EIM Club)
- Fellowship of Christian Athletes
- Gardening Club
- Group Fitness
- Hidden Gems
- Interfaith Club
- Lions-on-Line
- National Student Speech, Language, and Hearing Association (NSSLHA)
- Peers Advocating for Wellness and Safety
- Performing Arts Leadership Council (PALC)
- Physician Assistant Student Society
- Psychology Club
- Rainbow Alliance
- Residence Hall Council
- Student Association for Sport Management
- Student Athlete Advisory Committee
- Student Government Association
- Student Nurses Association
- Student Physical Therapy Association
- Student Photographic Society
- Students Today, Alumni Tomorrow
- Theta Phi Alpha Sorority

HONOR SOCIETIES

- Alpha Chi Honor Society
- Alpha Lambda Delta (First year honor society)
- Alpha Phi Sigma Criminal Justice Honorary
- Beta Beta Beta Biological Honor Society
- Chi Alpha Sigma National College Athlete Honor Society
- Kappa Gamma Pi National Catholic College Graduate Honor Society
- MSJ Aspiring Educators
- National Society for Leadership and Success
- Phi Alpha Social Work Honor Society
- Psi Chi Psychology Honor Society
- Sigma Beta Delta Business Honor Society
- Sigma Theta Tau Nursing Honor Society

3.59
AVERAGE GPA

of Student Organization
Presidents and Vice
Presidents in 2024

STUDENT GOVERNMENT ASSOCIATION (SGA)

The Student Government Association (SGA) represents the voice of the student body and serves the interests of the students. SGA strives to help students understand their rights and responsibilities as members of the Mount community and looks for opportunities to improve campus life.

The SGA is comprised of 4 Executive Officers: President, Vice President, Treasurer, and Chief Marketing Officer. The three Committees of SGA are: Finance, Student Life and Welfare, and Special Events. The SGA representatives are comprised of 4 first-year students, 4 second-year students, 4 third-year students, and 4 fourth-year students. This is a model that the current SGA leaders believe will provide a greater representation of student voice and provide sustainability for leadership and initiatives over time.

SGA Programs Include:

- Allocation of student organization budgets for programs
- Hosting the Welcome Back Party, Exam Jams, Homecoming, and Student Life Awards
- Providing feedback on campus improvement projects

The Student Government Association:

- Strives to maintain effective communication between students, faculty, staff, and administration.
- Influences policy and services that directly affect student life.
- Promotes student awareness of issues that impact the University community.
- Supports student organizations and allocates funds to student events.
- Promotes improvements that benefit students.



STUDENT SUCCESS PROGRAMMING

AFFINITY GROUPS

Join the Mount Community as we celebrate our mission and belonging! Visit The MOSAIC Center which serves as the destination point and safe space for the Mount community to make new connections and embrace new perspectives.

- Black Student Union (BSU)
- Hispanic/Latinx Student Union (HLSU)
- Rainbow Alliance
- Helping All Veterans in Communities (HAVIC)

ADDITIONAL INVOLVEMENT OPPORTUNITIES

- Campus Ambassador
- Co-op
- Delta Tau Delta Fraternity
- Emerging Leaders Retreat
- Intramural Sports
- Mission Ambassador
- Mission Retreats
- Orientation Guide
- Peer Tutor
- Presidential Ambassador
- Resident Assistant (RA)
- Service Learning
- Student Employment/Work Study
- Theatre Arts
- Theta Phi Alpha Sorority
- Travel Study
- University Band
- University Singers
- University-wide committees

HEART OF A LION

Student-athletes are among the most active leaders on campus, working side-by-side with coaches, faculty, and advisors to successfully balance classroom work and team commitments. The Mount competes in the Heartland Collegiate Athletic Conference (HCAC) and has achieved national recognition for its football, soccer, softball, women's volleyball, and wrestling programs. In addition, you'll find MSJ athletes consistently named to all-academic teams across conference, district, and national levels.



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INTERCOLLEGIATE SPORTS

Men's

- Baseball
- Basketball
- Cross Country
- Football
- Golf
- Lacrosse
- Soccer
- Track & Field
 - Indoor
 - Outdoor
- Volleyball
- Wrestling

Women's

- Basketball
- Cheerleading*
- Cross Country
- Dance*
- Golf
- Lacrosse
- Soccer
- Softball
- Track & Field
 - Indoor
 - Outdoor
- Volleyball

Co-ed

- Esports*†
 - Apex Legends
 - Fortnite
 - Madden NFL
 - Overwatch 2
 - Rainbow 6
 - Rocket League
 - Valorant

Intramurals

- Basketball
- Dodgeball
- Flag Football
- Pickleball
- Sand Volleyball
- Volleyball
- Wiffleball

*Non NCAA Division III Team
†NACE Team





ABOUT US

Mount St. Joseph University is a Catholic academic community grounded in the spiritual values and vision of its founders, the Sisters of Charity. The University educates its students through interdisciplinary liberal arts and professional curricula emphasizing values, integrity, and social responsibility.

The Mount's hallmark has always been smaller class sizes and personalized attention for all its undergraduate, graduate, and doctoral students, along with a commitment to preparing graduates who are career-ready and leadership-focused.

Learn more at www.msj.edu/about.

CONTACT US

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